



WHERE DO I GO FOR THE FLU, A COLD OR COVID-19?

COVID-19, cold and flu symptoms are very similar and testing is the best way to diagnose which of these illnesses a person may have. The Hills of Headwaters Collaborative Ontario Health Team provides convenient, safe options for COVID-19 testing, as well as assessment and care for people who have flu-like symptoms.

Visit our Cold & Flu Clinic if you:

Have moderate symptoms such as:

- Fever (temperature of 37.8°C or above) that's not caused from a known infection or illness
- Any worsening:
 - Cough, shortness of breath
 - Sore throat or hoarse voice
 - Runny nose or sneezing, nasal congestion
 - Loss of taste or smell
 - Pink eye/redness of eye(s)
 - Nausea and vomiting, or diarrhea or abdominal pain
 - Flu-like illness

Need to see a doctor

Anyone over the age of 6 months can be tested



LOCATION

Canadian Mental Health Office

1 Elizabeth Street, Orangeville
Back of building, Suite L2

Clinic Hours:

4PM - 8PM | Monday - Thursday

Call Centre Hours:

12PM - 8PM | Monday - Thursday

To book an appointment call

1-888-530-1319.

Visit our COVID-19 Assessment Centre if you:

- You are showing COVID-19 symptoms;
- Have been exposed to a confirmed case of the virus, as informed by their public health unit or exposure notification through the COVID-19 app;
- A resident or worker in a setting that has a COVID-19 outbreak, as identified and informed by their local public health unit; or
- Eligible for testing as part of a targeted testing initiative directed by the Ministry of Health or the Ministry of Long-Term Care.
- A dialysis patient and have been directed by a physician to be tested due to your 'atypical' symptoms
- Have been directed by a physician to be tested prior to the start of your first chemotherapy treatment
- A perioperative patient. You will continue to be tested a few days in advance of your proposed surgery.
- You can also QUALIFY for a test at a COVID-19 Assessment Centre if you are from the following Population groups and if you are NOT SHOWING SYMPTOMS:
 - Residents, workers or visitors in long-term care homes
 - Residents or workers in homeless shelters
 - International students that have passed their 14-day quarantine period
 - Farm workers or
 - Indigenous communities



LOCATION

Headwaters Health Care Centre

140 Rolling Hills Drive, Orangeville

Assessment Centre Hours:

9AM - 5PM | Daily

**Last patient seen at 4:30PM

Call Centre Hours:

8:30AM - 4:30PM | Daily

To book an appointment call

1-833-442-2001.

NOT SURE WHERE TO GO?

Contact your family doctor or visit covid-19.ontario.ca