

Mental Health Services in Dufferin-Caledon

Crisis Services

- 24-7 Crisis Support Peel –Dufferin 1-888-811-2222
- Family Transition Place Support Line 519-941-4357
- Headwaters Health Care Centre (Through ER Department)
- DCAFS Phone Line 519-941-1530
- KidsHelpPhone 1-800-668-6868
- Where to Start Services (Caledon Youth) 416-410-8615

For Children and Youth

- Dufferin Child and Family Services (<Age 18) 519-941-1530
- DCAFS Talk In Clinic (virtual walk in appointments, incl. parents) 519-941-1530
- Where to Start Services (Peel-Caledon Centralized Intake) 905-451-4655
- Tangerine Walk-in Clinic (currently phone based) (Ages 12-17) 905-795-3530

For Adults

- Bolton Single Session Clinic (Thursdays) 519-938-8802 ext. 401
- CMHA Peel-Dufferin 905-451-2123 or 519-941-0465
- DAFHT Mental Health Services 519-938-8802 ext. 330
- Family Transition Place 519-941-4357 or 1-800-265-9178
- Hospice Dufferin 519-942-3313
- Bethel Hospice 905-838-3534
- SHIP 905-795-8742 or 519-307-2870

Addiction Supports

- Rapid Access Addictions Medicine Clinic 1-877-451-2123
- Family Transition Place (women only) 519-941-4357 or 1-800-265-9178
- Peel Addiction Assessment and Referral Centre 905-629-1007
- Drug and Alcohol Helpline 1-800-565-8603