CCIT Partners Contact List

CALL 911 IN EMERGENCY

WE ARE ALL HERE TO HELP ➤ **Contacting ANY of the agencies listed below will ensure you are connected to the services you need.**

PARTNER	CONTACT	SUPPORT
Canadian Mental Health Association Peel Dufferin (CMHA PD)	24/7 Crisis Line: **905-278-9036 OR 1-888-811-2222**	24/7 crisis support, information, referral and assessment for addictions and mental health services (18+).
Dufferin Child & Family Services (DCAFS)	24/7 support: **519-941-1530**	24/7 crisis support for children, youth and families seeking mental health support, parenting support and child safety/wellbeing.
EveryMind Mental Health Services	24/7 support: **905-278-9036** Press 1	***Under 18 in Caledon:*** 24/7 support line for children, youth under 18 and their families in Caledon.
Family Transition Place (FTP)	24/7 support: **519-941-HELP (4357) 905-584-HELP (4357)**	24/7 support/information line, mobile crisis response, counselling, legal and housing support for individuals (16+) who have experienced abuse, sexual violence, homelessness and addiction.
Ontario Provincial Police (OPP)	**Call 911 in emergency** *Dufferin* Non-emergency line: **888-310-1122** *Caledon* Non-emergency line: **905-584-2241**	24/7 The mobile crisis team for Dufferin and Caledon is supported by Mental Health Crisis Officers and Mental Health Clinicians.
Peel Addiction Assessment & Referral Centre (PAARC)	Intake: **905-629-1007 ext. 222**	Individual and group counselling and case management services for clients 16 and older who are concerned about their own or a loved ones' substance use, gambling, gaming or other select behavioural related challenges.
Services and Housing In the Province (SHIP)	Program Intake: **1-519-307-8700 1-855-795-8742** **Monday to Friday, 8:30 a.m.–4:30 p.m.**	Individuals (16+) requiring access, assessment and referral to supportive housing and mental health services. Specialized services include intensive case management, early psychosis intervention, housing stability and mental health & justice.

Who, Where and When We Help

Our partners serve all ages and all genders in Dufferin and Caledon.

Our partners meet clients where they want: in the community, at home and by phone.

Staff from each of the partners hold regular meetings to decide what community supports and referrals people need in the short and long-term. By working together, with consent, partners hope each client has a better experience with the care and help they receive.

HELP IS AVAILABLE

Every number is the RIGHT NUMBER to call.

If you are experiencing a crisis, reach out to one of our partners for help.

CCIT Partners

Canadian Mental Health Association
Mental health for all
cmhapeeldufferin.ca

dcafs
Dufferin Child & Family Services
child and youth mental health · child protection · developmental support
dcafs.on.ca

EveryMind
MENTAL HEALTH SERVICES FOR YOU, WITH YOU.
everymind.ca

family transition place
familytransitionplace.ca

HEADWATERS Health Care Centre
headwatershealth.ca

OPP
opp.ca

PAARC
Peel Addiction Assessment and Referral Centre
paarc.com

SHIP
Services and Housing In the Province
shipshey.ca

Community Crisis Integrated Team

Serving Dufferin and Caledon

HILLS of HEADWATERS COLLABORATIVE

Produced by Hills of Headwaters Collaborative Ontario Health Team

What is the Community Crisis Integrated Team?

The Community Crisis Integrated Team (CCIT) is a group of community social and health care providers who work together to improve how people get the care they need in a way that is respectful, feels safe and looks at the whole person.

Our partners respond to calls for help from people who are at risk of having or are having a mental health and addictions crisis. Our goal is to help people get the kind of help they need when they need it and to help prevent future crises.

When responding to a crisis, we work together to:

- Offer the right care with the right partners and supports in the community and hospital
- Provide emergency department crisis assessments for Headwaters Health Care Centre
- Avoid unnecessary emergency department visits and mental health apprehensions
- Connect people to community supports and services
- Encourage and support the wellness of individual and their families

ONE Integrated Crisis Support Success Story

Female Client, aged 55-65, needed:

Housing
County of Dufferin, FTP, OPP, Town of Orangeville

Food
Lighthouse, FTP, OPP, Legion, Déjà Vu Diner, Centre Fellowship Church, Orangeville Food Bank, community members

Clothing
Salvation Army Thrift Store, New Hope Community Church, As We Grow, FTP, community members

Safety / Social
OPP, FTP, Community Paramedics, various crisis workers, family, Town of Orangeville, local community

Health / Wellbeing
OPP, FTP, HHCC, CMHA, Community Paramedics, United Church, Compass Community Church In Patient Treatment Centre, medical follow up

Impact of care:

- ✓ receives regular medication
- ✓ re-entered community
- ✓ coping well
- ✓ settling finances
- ✓ needs limited social supports
- ✓ secured independent housing
- ✓ family reunified

Real Life Successes

A homeless person was welcomed in a safe community organization to use a shower to stay clean during the pandemic.

A person received crisis support at a coffee shop where they felt safe enough to talk about their situation.

A family in crisis received better food security, safety planning, help with reuniting family, consistent case coordination and follow-up services.

A 17-year-old was trying to manage a bipolar single parent who was in psychosis within our community. Youth was referred to the crisis team in need of support, housing, and safety planning. Our crisis team was able to provide additional supports including clothing, groceries and a safe space to share their worries and fears. We also registered the youth with a family doctor.

A crisis worker and a client worked together to put supports in place, including supportive housing and professional health services, after a mental health crisis.

Integrated Crisis Response & Co-ordination

Clients' case coordination often includes many partners and community supports.