Butterfly Bereavement Project



National Grief & Bereavement Day on November 21 and Children's Grief Awareness Day on November 16 are two days that provide an opportunity to honour and remember the people we have loved and lost.

Hills of Headwaters Collaborative Ontario Health Team, in collaboration with Bethell Hospice and Hospice Dufferin, invite you to create a remembrance butterfly to be included in a special art installation at Headwaters Heath Care Centre in November to commemorate national grief dates.

To personalize a butterfly in honour of your loved ones you can visit a station at one of our participating partner locations or through a hosted workshop. Everyone is welcome, children are encouraged to participate as well!

For more information on upcoming events and how to receive a butterfly, visit **https://hillsofheadwaterscollaborative.ca/butterfly** or contact:

Natalie Talma - Bethell Hospice ntalma@bethellhospice.org

Maureen Riedler - Hospice Dufferin mriedler@hospicedufferin.com









