## Butterfly Bereavement Project



National Grief & Bereavement Day and National Children's Grief Awareness Day are observed on November 16. This special day provides an opportunity to honour the people we have loved and lost.

You're invited to create a remembrance butterfly to be included in a special art installation that will be displayed at Headwaters Health Care Centre during the month of November to commemorate these special grief days.

We will be hosting the following FREE events, where blank butterflies will be distributed to participants who will be able to personalize butterflies in honour of loved ones. All are welcome, children are encouraged to participate as well.

## **Butterfly Workshops**

For more information on upcoming events and how to receive a butterfly, visit <a href="https://hillsofheadwaterscollaborative.ca/butterfly">https://hillsofheadwaterscollaborative.ca/butterfly</a>









